

Health Education Program

Board Policy: A-29
Adopted: August 12, 1996
Revised: April 5, 2010

I. General Policy Statement

The Board is committed to a sound, comprehensive health education program for grades K - 9 that provides students with accurate information and encourages them to be responsible for their own health and behavior. The Board recognizes the primary role of parents in providing for the health and well-being of their children and seeks to involve parents in the schools as provided in this policy. The health education program provided will meet all requirements established by the North Carolina Healthful Living Standard Course of Study and the Healthy Youth Act of 2009.

II. Regulations

- A. A copy of all program objectives including those dealing with puberty, abstinence, avoidance of out-of-wedlock pregnancy, and sexually transmitted diseases will be available for review at each school in the principal's office or at the Central Office.
- B. Before students may participate in areas of the health curriculum dealing with puberty, abstinence, avoidance of out-of-wedlock pregnancy, or sexually transmitted diseases, the school must notify the parents/guardian of the opportunity to review the materials (60 days before use) and the right to withdraw his or her child from instruction. Any parent/guardian wishing to withdraw his or her child from instruction must do so in writing to the principal, who will notify the curriculum supervisor for that grade level.
- C. The health education program will be taught by appropriately licensed teachers or health professionals authorized by the principal. Staff development opportunities will be provided for all staff members involved in teaching the health curriculum.

Legal Reference: G.S. 115C-81(e)(1),(3),(4),(5),(7)