

Cheerleading

Board Policy: SA-10
Adopted: May 9, 1994

I. General Policy Statement

The Board adopts this policy for the purpose of establishing regulations regarding cheerleading eligibility, selection and safety.

II. Regulations

- A. Cheerleaders shall meet the eligibility requirements set forth in School Board Policy: SA-8, Minimum Requirements for Participation in Athletics and Other Extra-Curricular Activities. Principals may approve the use of demerit systems. Demerit systems shall be submitted to the superintendent (or designee) prior to the beginning of school for approval.
- B. The cheerleading coach may use a panel of judges when selecting squad members. The cheerleading coach shall annually determine the requirements for tryouts. The coach shall conduct a clinic to teach these requirements to prospective cheerleaders. The recommended clinic time period is 3 to 5 one hour sessions. All squad members shall be selected annually.
- C. All cheerleading squads shall follow the Spirit Rules developed by the National Federation of State High School Associations and adopted by the North Carolina High School Athletic Association. Coaches shall obtain a copy of these rules and become familiar with them on an annual basis. Additional safety rules may be applied by the principal after consultation with the cheerleading coach.