

Haywood County Schools Individualized Healthcare Plan – Food Allergy

Student Name: _____ School: _____ Grade: _____

Teacher/Staff Contact Person: _____ Date of IHP: _____ Review Date: _____

Secondary Health Concerns: _____

Goal: Student will have an integrated appropriate allergy management regimen during the school day with a focus on prevention. School personnel will be prepared and trained to respond in an emergency medical situation.

INTERVENTIONS	EVALUATION or OUTCOME INDICATORS Check list
<p>Food Allergy Management at School</p> <ul style="list-style-type: none"> ▪ Food Allergen – Signs and Symptoms <ul style="list-style-type: none"> ○ Assist student to recognize symptoms of an allergic reaction and encourage him/her to access appropriate care and medications when needed. Show respect for self-management and self-determination. • Maintain individual school health record to note allergy information from healthcare provider and exposure at school <ul style="list-style-type: none"> ○ Document original diagnosis ○ Document each episode of allergic reaction ○ Document any medications given ▪ Provide instruction to student and staff on prevention measures and emergency response <ul style="list-style-type: none"> ○ Provide appropriate guidance in creating a safe classroom and school environment to minimize the risk of exposure to food allergens. <ul style="list-style-type: none"> • Alert classroom teacher to request alternative snacks from parent ○ Work with Food Service personnel <ul style="list-style-type: none"> • Determine if food allergic food is served in cafeteria • Avoid cross-contamination with allergen • Establish safe environment for all students 	<p>Student Health Needs and Responses Parent participation in health needs – Provides for child’s physical needs Provides needed medical information, medical orders and medication to school _____ Discussed food allergy with parents _____ Discussed with student _____ Student aware of food that triggers allergy _____</p> <p>Student self-care only - Student recognizes symptoms and self-manages food allergy well _____</p> <p>The following records are up to date, accurate and legible: _____</p> <ul style="list-style-type: none"> • Cumulative Health Record, Student Visit Record • Allergy Action Plan (Emergency Action Plan) • Medication Record <p>Prevention measures that allow student to fully access educational program</p> <ul style="list-style-type: none"> • Faculty and staff has been trained to reduce accidental exposures to allergens ____/____date • Faculty and staff has been trained to respond to an anaphylactic emergency ____/____date • Faculty and staff has alternative foods in classroom for curricular and celebration use ____/____date <p>Food Service Personnel make appropriate accommodations for student with food allergy _____</p> <ul style="list-style-type: none"> • Substitutions are available as needed • Accommodations are made to prevent cross-contamination during food preparation • Student is protected from exposure in cafeteria while not being socially isolated

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- Develop emergency protocols (and initiate care as needed) that include: accessing emergency care at school, as well as EMS as needed, medication protocols (including orders from healthcare provider)
 - Check medications for dosage and expiration dates
 - Counsel student if self-carrying medication
- Develop student specific Emergency Care Plan that outlines emergency care to school staff, including teachers, support staff, food service staff, custodial staff, transportation staff
- Instruct staff in epinephrine administration as appropriate.
 - Follow student’s Emergency Care Plan at onset of symptoms
 - Address specific issues that may be present for field trips and other educational activities that occur at an off campus location including box lunches, food options.
 - Have plan in place in the event that the nurse is not available
- Plan and prepare for building evacuations and other emergency responses to provide care to students with allergies as needed
 - Have medication available in all settings
 - Have medical orders available
 - Have parent contact information available at all times.

Policies and procedures are in place in school to address the following concerns:

- Emergency medication availability, storage and administration
- Student may self-carry if student is responsible and policy is in place
- Accommodations necessary on field trips or during extra-curricular activities
- Plan in place in the event that the nurse is not available

Emergency Action Plan developed by:

Title

Date: _____

Copy of EAP attached _____

Signature of Parent/guardian:

Date: _____

Signatures of Teacher/staff involved with student
